



VOLunteers in ACTION : Raising Awareness For Volunteer Fire Fighters”
VOLinACT , 2020-1-EL01-KA204-078872
1° Good Practice from LARES Italia

1. Title of the activity or event

“SicuraMente”

2. Objectives/aims expected by this action

“SicuraMente” is an experimental project of education and orientation to the culture of civil protection, safety and self-protection from risks.

It requires initiatives of a social and educational nature, aimed at spreading a culture of civil protection, capable of orienting towards conscious and correct behavior.

The issues addressed relating to phenomenon/risks will be developed through homogeneous interpretations such as: Knowing, Mitigating and Facing.

Specifically, the project intends to pursue the following objectives:

- bring students closer to issues related to the "cause and effect" of the different types of risk to which our territory is exposed;
- extend the knowledge and awareness of the different types of risks present in the area within the university and school environment;
- provide behavioral models aimed at respecting the territory and the environment;
- create awareness of situations of possible danger and make students aware of the corresponding prevention activities;
- develop, through suitable educational methodologies, the skills to face the various dangerous situations in a timely manner;
- acquire the behavioral rules of preventive self-defense to be adopted in the event of an emergency, in order to reduce the possible consequences of the risks;
- transmit a positive message about the possibility of living with risks and transforming them into opportunities for growth and training;



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3. Target group (or groups)

The target group of the SicuraMente project are precisely the university students and secondary school students to whom a training course is proposed to improve their knowledge of the territory and its risks, to increase their perceptions, motivations, knowledge and skills.

4. Description of the activity (methods, materials, human and physical resources, timing, etc.)

The project involves the use of a web platform (www.sicuramentelab.it) which aims to support teaching, provide material for further information on the topics covered and allow students to carry out tests, interact with experts and professionals in the sector, teachers, tutors and other students through a dedicated forum. The platform is also an important tool to provide feedback on the learning level of each individual student. Another important method is the school-work alternation.

5. Steps for the implementation (operative steps to implement the good practice)

The entire training process starts with a "week" of activities and events entitled "UNIVERSITIES WEEK - CULTURE AND SCIENCE OF CIVIL PROTECTION" in which the issues will be analyzed in a seminar key, with the possibility that they become, in accordance with the University, topics of study recognized in the academic field.

The same university students, previously identified during the university week and specially trained, will become Tutors of the secondary school students making them the protagonists of a training path that implements active teaching methodologies such as role-playing games, group work and experiential activities, carried out in a synergistic way with the civil protection system and the scientific / academic world.

6. Impact of the good practice and evaluation of the results achieved

The strategic-didactic approach of "SicuraMente" is based on the observation of phenomenon, producing a strong impact on the activation of awareness-raising processes and on the perception of the risks present in the environment in which one lives.

7. Conclusions

Thanks to its innovative character, the project will lead the students, and indirectly all the participants, towards a gradual and continuous acquisition of awareness of the culture of civil protection and perception of risk, hoping for an automatic change of direction that leads to the assisted citizen in emergency, to the citizen as an active resource for the emergency.



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